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TRITURATION PROTOCOL
AND
REMEDY PICTURE

AGARICUS MUSCARIUS



In the protocols of remedy triturations, suggestions for the administration of the medicine may also be included. It must be emphasized that the prescription of a homeopathic remedy should always be made in consideration of the individual situation. The indications given in this script therefore represent merely one possible approach to be examined. The actual choice should be undertaken with the utmost care, in accordance with the circumstances at hand.

Agaricus muscarius

agar griech.: from the Greek, referring to a Greek landscape, and designating the gilled fungi with an umbrella-shaped cap. **muscarius** (lat.): pertaining to flies.

The Fly Agaric

What we commonly call a mushroom is only a small part of a vast underground network. Fungi feed on the decay in the soil. Unlike plants, they do not carry out photosynthesis. Internally, they contain chitin, as do insects. They breathe in oxygen and release carbon dioxide. Much like our own metabolism, fungi are constantly at work. The Fly Agaric, with its striking red cap and white spots, grows in the forest. It thrives in darkness. Among the indigenous peoples of Siberia, it has long been a valued intoxicant. Its effects can be wild and exhilarating, but it can also bring death. The Fly Agaric accumulates vanadium, a rare metal that plays an important role in neurotransmission within the brain. The brain itself, like the fungus, consists of a network of filaments. Hence psychiatric and neurological conditions are considered in connection with *Agaricus*. It is also suited to many phenomena of this kind that remain poorly understood.

The mushroom emerges as a bulb from the earth. When it opens its cap, it tears apart the form that once enveloped it. Fragments remain, now appearing entirely different. This process can be likened to tics: uncontrollable movements that are fragments of a whole no longer recognizable. These may manifest as twitching, stammering, grimacing, or even epilepsy—conditions that make one conspicuous, and that others often find difficult to relate to. There are also frostbite, chilblains, prickling sensations like ice needles. The nerves behave erratically. Even years later, pain can persist. In Hahnemann's proving of *Agaricus* nearly 700 symptoms were recorded, yet no fully coherent picture emerges. This is one reason why *Agaricus* is not frequently prescribed in homeopathy.

The fairy tale associated with the Fly Agaric is *Rumpelstiltskin* by the Brothers Grimm. At the end, the little figure tears itself apart in rage when denied what it desires. The furious, destructive gnome is an image of the fungus's power. At the start of the tale, a father boasts before the king that his daughter can spin straw into gold—transform something worthless into something precious, just as the human metabolism does. The king puts her to the test. Failure would mean death. In her despair, the young woman prays for deliverance and promises Rumpelstiltskin whatever he demands. Then fortune smiles upon her: the impossible becomes possible. Rumpelstiltskin offers her an extraordinary chance. This is the essential character of the Fly Agaric. No wonder it has become a great symbol of luck. Yet the daughter is flung from one extreme into another. The king marries her, and she soon believes that she has achieved everything by her own power. She forgets Rumpelstiltskin—until he comes to claim the promised child. In truth, he is the only one in the tale who actually accomplishes anything. He knows neither calculation nor strategy. Even at the end he grants the queen one more chance. His flaw is hubris. When he loses, he chooses to destroy himself rather than others.

This special force of the Fly Agaric is needed whenever we are called to accomplish something extraordinary, to venture onto completely new paths. But it is the fungus itself that determines the way we reach the goal, not we ourselves. Even if its manner does not please us, we are invited to trust this power. With it, we belong to a larger web of which we cannot be aware. This is what "coincidence" truly means: the connections remain hidden from us, just as the great fungal mycelium is unseen when we notice only a single fruiting body. This may concern our idea of the future, but also matters of life and death. When we ascribe good fortune solely to ourselves, our children may be the ones to "pay the price" for that fortune—though no one remembers it anymore. It is no accident that in *Rumpelstiltskin* the refrain is: "Ah, how good that no one knows ..." Through the intake of homeopathic *Agaricus*, such hidden themes and events may resurface into consciousness.

Written down by Sabine Herzig after a lecture by Jürgen Becker

The Great Sovereign – Agaricus

C1

- 1 -

With great attentiveness, triturate me, says the Fly Agaric, and continues:

My world is dark and muffled.

Note: In such dialogues – and this applies especially to the fungus – we must be careful that no human value judgments obscure our perception. “Dark and muffled,” from the perspective of the fungus, is to be regarded as entirely neutral, or – insofar as a fungus is capable of valuation, which seems unlikely – rather as a congenial environment, suited to its nature.

I belong entirely to the earth. Decay – organic waste – is my home.

- Here my life takes place.
- Here it is not about understanding.
- Here it is not about feeling.

→ Here it is about ceaseless, indivisible, uninterrupted Being!
--

And yet, I, the Fly Agaric, when my fruiting body appears above the earth, I bear witness to the fact that life on earth is an existence marked by

- **separation,**
- **rupture, and**
- **lack of connection.**

Life on earth is scattered into immense diversity and uniqueness. Against this background, I embody the idea of

- **complete connectedness and**
- **unity with the origin.**

At the same time, my fruiting body shows how separation and dispersal occur (*Note: the protective veil tears apart, leaving white remnants on the cap of the mushroom*).

- 2 -

The human experience, when touched by the power of *Agaricus*, revolves around the sense of having done something wrong.

- A sudden fright arises.
- Panic takes hold.
- There is no comprehension of what is happening.
- One does not know how to correct the error.
- The situation appears hopeless.
- A feeling of being lost, abandoned, incapable.
- Everything seems to disintegrate.

When I, the Fly Agaric, break through the crust of the earth toward light and air, my delicate protective veil is torn apart. It bursts and leaves itself behind as scattered white fragments.

- Thus unprotected, I stand exposed,
- delivered to the world above the soil.

C1 Agaricus muscarius

- Spirit, light, and air remain foreign, incomprehensible.

In the same manner, you stand before the world when you enter my field of force.

Note: The newborn undergoes a similar loss of protection in the act of birth, experiencing an immense separation. Creation releases it into independence.

Then you feel pressured – and react either with anger or with withdrawal.

- 3 -

Perhaps what the human being regards as a mistake is, within a higher order, precisely what is right.

Perhaps that which appears to be an error is in truth what keeps the earthly cycle intact.

It may be exactly right that my protective veil bursts apart—yet my own capacity does not reach far enough to grasp this. Therefore, I ask you, O triturer, to clarify. The biologists hold knowledge of this, and I ask to partake of it. Thoughts are not my world.

Biology: The white dots upon the cap of Amanita muscaria are remnants of the so-called universal veil (velum universale). This veil encloses the young fungus entirely, like an “egg.” It protects the immature fruiting body while it remains beneath the soil. When the mushroom breaks through the earth, the veil is torn. Portions of it remain at the base as the volva, while others scatter as white patches upon the cap. Only then can further development take place.

What I, the Fly Agaric, perceive through trituration: True Being recognizes truth far more deeply than thoughts ever can. For when something the human mind deems “wrong” occurs merely in the realm of thought (*Note: That is, it is not lived, only conceived*), in the realm of undivided Being it may be exactly right.

*Note: The fungus emphasizes that for it, truth lies in actual experience and happening. Thoughts, or mental understanding, can never hold the same weight. For the fungus, **to live and to know are one and the same.** The direct dimension of what occurs is truth.*

Do not let yourself be pressed into orders that are merely conceived. There exists a true order—one that the body knows far more intimately than the thinking mind.

Comment: The fungus seeks to impart its vision: the truth of immediate belonging to creation. This applies to the body. In thoughts, the human being constructs a world of their own, a system of understanding that estranges life from creation.

It is difficult for us, as humans, to comprehend the fungus’s reality, precisely because we attempt to do so through thought. It may be that, in harmony with the Agaricus force, humans let go of such mental constructions altogether.

The fungus draws our attention to how deeply we submit to a human worldview, and how we measure reality according to human criteria. This, in turn, obstructs us from experiencing what is truly happening. Recognizing this is the gift of the Agaricus force—it brings us back into closeness with creation.

C1 Agaricus muscarius

- 4 -

Life follows a rhythm, and every living being inhabits its own rhythm. This rhythm serves as the guiding principle for earthly existence. The human being, however, can deviate from it.

Yet:

- It is fruitful to know your rhythm (*Note: your life-theme, life-purpose, life-task – which arises out of the individual's own nature, his very way of being*).

Powerful forces may overshadow or drown out your rhythm.

- It is fruitful to become aware of this (*Note: social influences, wars, conflicts, natural events*).

The essential step is to recognize your own rhythm. You bring this rhythm into life.

If you succeed only partially – as is the nature of earthly existence – then you acknowledge and accept other rhythms and even differing expressions of your own self. (*Note: The recognition of one's own rhythm leads to the recognition of others, and to an insight into how the earthly existence of the individual finds its particular expression.*) As long as you remain connected to your own essence, this is perfect.

The essential matter is self-recognition. It is not primarily about the realm of thought! Do not fear missing yourself in life (for doubts, despair, fears, emptiness may arise whenever one inwardly does not feel aligned with one's destiny). Pauses and interruptions belong to every rhythm. (*Note From music we know that it is the space between the tones that shapes perception. This applies equally to life: the void has great significance, for only through emptiness can creation unfold.*)

Note: The experiences during trituration give rise to the question: From where does the expression of the triturating phenomena originate? For the purpose of this protocol, I assume:

- *The essential nature of Agaricus, its strength and rhythm, resonates within me, and manifests in my sensations, emotions, thoughts, or intuitions. I give this voice as if Agaricus itself were speaking – as a living being with its own specific consciousness.*
- *A higher Being / Self / Soul – with the capacity of awareness beyond our usual human earthly limitations – imparts insights concerning the essential nature of Agaricus.*

- 5 -

All life is rhythm. It vibrates. Greater, transpersonal, far-reaching waves – in which you are but a “plaything” – shape your earthly existence.

They

- carry you,
- shake you,
- move you,

arising from themselves, without asking for your participation.

They take no account of your wishes, feelings, thoughts, or goals ... For you belong to a world that unites and embraces all.

I, the Fly Agaric, bring this interconnectedness into earthly being. Within my vast network I encompass what is: roots, decay, tiny organisms, stone, earth, water, lime ... all interwoven in one living resonance.

C1 Agaricus muscarius

- 6 -

I am a dark, dull force – Fly Agaric. Through and through **honest, upright, true**. By my colour I reveal that I am poisonous.

Look closely: for whom does this poison apply?

Reference: When consulting scientific writings on Fly Agaric one finds that its toxicity is not clearly defined. Some creatures remain unaffected: insects and forest animals seem unharmed. Reindeer are even reported to seek out Fly Agaric deliberately, for its intoxicating effect.

For humans, only large amounts are fatal. Dried Fly Agaric is much more potent, yet not more poisonous – rather more intoxicating – than the fresh form.

Thus, Fly Agaric seems to bring into the world not so much poison as an altered state, a drunkenness, a rapture. A thesis hard to grasp.

I, Fly Agaric, know poison only as the expression of following my rhythm. This is how you humans also use my poison: **it allows you to experience your true “benefit”**. I gladly assist you. For it belongs to my very nature that all beings find their rightful place upon the Earth.

Yet, what you experience under the influence of my power is not my world. I do not understand it. **You use me to come closer to yourselves, to meet yourselves as an expression of Creation.**

Thank you, Fly Agaric,

for offering your existence, your life, in service.

Note: This trituration, through the force of Fly Agaric, points to the manifoldness of life. It can help us perceive how every living being – and thus every human being – brings its unique expression into life. We are invited, even called, to recognize this.

C2

- 1 -

The thoughts are meant to recede into the background. No intellectual mastering of life's events.

- A heavy lightness.
- Everything in its proper order.
- Connection and belonging.
- A dull reverberation, subterranean, earthy.
- Slowness.
- To endure, to have constancy.
- Reconciliation.
- Balance.
- Anger and aggression.
- Cannot find rest.
- To find peace.
- Not to bear grudges.

All this is difficult for the person. The power of the fungus – *Agaricus muscarius* – supports the ability to feel what is essential. With deliberation, including everything.

Note: in this way Agaricus finds its expression in the human being.

- 2 -

The person can become **furious – beside himself with rage.**

- Not because he is an aggressive character,
 - not in order to assert himself,
- but because, in that very moment,
- he is startled by an unexpected, sudden occurrence,
 - which he cannot properly place,
 - which gives him the sense of being inadequate.
 - He could not assess the situation correctly.
 - Others demonstrated their superiority over him.

And yet – he had done everything right. He was careful, attentive, intent on precision. After the outburst of anger, he is ready for reconciliation. The anger is unpleasant to him. Though in his eyes justified, **it disturbs the harmony he longs for so deeply.**

A little story:

A driver passes through a residential district where the rule of "right before left" applies. He approaches an intersection cautiously, almost to a halt, looking carefully to the right. A cyclist comes from behind. With one quick glance, the cyclist perceives the street to be empty, overtakes the almost standing car, and rides on.

The driver is taken aback, startled, bewildered. It takes him a moment to react. The cyclist has not endangered or impeded him in the least. Yet the driver presses the horn furiously, repeatedly. Then, after some delay, he drives on. After 50 meters he overtakes the cyclist, shouting at him, agitated and enraged, through the open window.

He feels shaken, diminished, as though his care had been in vain. He wanted to be thorough and attentive,

he was thorough and attentive, yet through the behavior of the other it seems as though his action were faulty, insufficient. Another person intrudes upon his inner order, pretends to understand the situation better, exposes him, makes him appear small.

This evokes first shock, and then great anger. In truth, he is a considerate man. But this violation of his sense of order makes him furious, wild with rage.

- 3 -

The conflict, which provokes anger, also arises because the other person moves so much more broadly in the realm of the intellect: quick, agile, understanding.

In contrast, the *Agaricus* person lacks this overview. For him, the world is held within an all-embracing order—an order not to be understood intellectually, but to be part of, to participate in.

In advanced age such situations occur more easily—e.g., with the onset of dementia. The *Agaricus* individual perceives the sense of superiority in others (caretakers, family, etc.), as well as their emotional devaluation of his state, and reacts to this with great anger. He exists entirely on the level of feeling.

The *Agaricus* person feels better, and the anger subsides, when he feels sheltered, accepted, and acknowledged.

The injury caused by perceived devaluation can, in part, be healed by a dose of homoeopathic *Agaricus muscarius*.

- 4 -

The soul has entered deeply into earthly existence. **The family – especially the mother – remains throughout life the primary emotional reference point.** When this bond is disturbed, neurological disorders may arise. The inner tension may discharge itself in tics.

The soul seeks, on earth, the **state of belonging** – not the state of separation as an isolated human individual.

Note: This passage describes and substantiates the experience of the Agaricus-person.

The *Agaricus* individual looks upon fellow human beings and earthly life with **trust**. Yet this trust can be shaken. Within this **trust everything has its rightful order**. This constitutes the fundamental disposition.

It signifies: I am ready to contribute. My contribution lies in my very being. **Children** often remain in such a state and will react with anger when it is disturbed.

C2 Agaricus muscarius

- 5 -

Humanity as a whole faces the task of attaining consciousness of its own human essence. Enfolded within creation, its existence unfolds.

The discovery and understanding of the world brings joy. Yet this forward movement is always linked with the loss of *innocence*.

Humanity grows out of the guardianship and protection of the earth. It breaks through earthly limitations and thereby risks losing the very ground of its being.

In coping with this conflict, the homeopathic force of Agaricus may offer help. The human being learns to fly without severing the connection to his earthly roots.

- 6 -

I, the power of Agaricus, know that creation follows its destined course and fulfills its meaning. All life partakes in this process.

Within this unfolding, no human standards, judgments, or moral measures apply. **The earth is a force of transformation and fulfillment – and I, the power of Agaricus, assist in this work. This is my contribution.**

I, Agaricus, support the trees, nourish them as they strive toward the heavens. Yet I myself do not strive toward the heavens. They have never been my home, nor can they ever become so.

Light and air are not my elements. My essence dwells in earth and water.

Thank you, Fly Agaric.

*Your great task is
to offer help to all
that has fallen out of harmony
and out of the creative order.*

C3

- 1 -

Can we human beings truly comprehend Agaricus? Agaricus resonates within us like a muffled echo arising from its depths. These depths conceal a profound truth, for they stand in contact with the very origins of earthly creation.

Image:

Like the fruiting body of the mushroom, earthly life breaks forth into the sphere of light and air. Born of darkness, it turns toward the heavens. The homeland is left behind.

The mushroom offers its fruit—the yield of its existence—to life above the ground. This fruit is at once a gift of connection with the primordial source. Through this, the human being may gain knowledge of the self. For within each of us lies a dual origin: we belong both to the Earth and to the Heavens.

Even the process of trituration reflects this theme of the twofold origin. The substance's yield extends both into matter and into the soul-spiritual realm.

- 2 -

The feelings of the human being reflect the rift and separation of earthly existence into diverse affiliations:

- To be wholly One
- To be exposed to the laws of survival on Earth
- To be dependent upon the nourishment given by the Earth
- To belong to the Earth
- To belong to the Heavens
- To carry a task of the soul
- To walk an earthly path

A multitude of feelings arises—full of contradiction, of varied expression, and of differing origin:

- Fulfilment
- Trust
- Fear
- Distress
- Doubt
- Resignation
- Anger
- Gratitude
- Emptiness
- Happiness
- ...

The force of Agaricus can assist the human being in feeling held within Creation and its meaning, even amidst these contradictions. This is to find harmony, serenity, and trust.

C3 Agaricus muscarius

- 3 -

In full trust of Being,
no light deceives, nor any gleam.
It moves within the radiant spheres,
as though all doubt had never been.

The human being who knows himself embraced
within the meaning of the Whole
needs neither praise nor comprehension,
for in the One, there is no longing,
no absence.

Agaricus does not wish to communicate on the plane of the intellect— indeed, it cannot.

It sees no need, nor any gain
—within that plain.

Poetry is its native art,
chosen to speak straight to the heart,
to touch the human soul inside,
and gently guide where truths abide.

- 4 -

The soul realm lies far closer to Agaricus than the realm of spirit.

On Earth I, Agaricus, embody the soul-world of uniting belonging, of Oneness. Of this I speak in twofold manner:

1. Each part carries the Whole within itself.
2. Each part forms but a fragment of the Unity, and can exist only through connection.

The soul is creative, for it springs from Creation. It bears Creation within itself and belongs wholly to it.

To help you human beings become aware of this—this is my gift. And in this gift, you find peace.

C3 Agaricus muscarius

- 5 -

Image of the spiral nebula of a galaxy.

All revolves around the central point.

Every star, every planet, every moon follows its own movement—
yet all are embedded within the greater turning of the galaxy.

So it is with **the miasms**.

The disturbance of harmony is universal to humanity and touches every human being.

The power of the fungus works upon the belonging of the Whole.

The disturbance of this belonging may arise in the individual or in the collective.

Both levels are possible, and on both levels Agaricus can bring help.

Note: According to the insights of C4-homeopathy, fungi may offer help either from the C4 trituration (relation to the individual) or from the C5 trituration (relation to the collective, the miasma).

- 6 -

Like the **infant**, like the **elder** - **belonging, embraced, upheld**. Such is what I, Agaricus, convey. If this **belonging is disturbed, I bring help**.

- rooted in the soil
- unconditional
- beyond thought or analysis

Because it is as it is.

Because separation is but an idea (a state of consciousness), and beyond it lies Unity.

For human beings, the idea of separation carries great meaning. Through it, the human soul may create Unity from within itself.

I can say no more. **Yet I can help you to feel, again and again, the ever-present connectedness.**

C4 Agaricus muscarius

C4

- 1 -

Always in motion. Always active.

But what about phases of rest, of pause?

It belongs to the very nature of the fungus to be active day and night.

Only when external conditions (dryness, cold, heat, lack of nourishment, etc.) do not permit, must the fungus enter a resting state. Yet even then, it remains poised, ready to resume its activity at any moment.

This very trait of the fungus is essential for understanding the power of the fungus!

Note (AI):

*The fungal metabolism does “know” phases of rest—**whenever the environmental conditions do not allow for growth**: dryness, cold, heat, lack of nutrients or oxygen. In such times, fungi secure their survival by forming spores or other resting structures. As soon as conditions become favorable, they “awaken” and their metabolism resumes in full strength.*

- 2 -

The fungus is always ready to fulfil its task. It does not hesitate.

Viewed from a human perspective, it appears:

- good-willed,
- helpful,
- without ulterior motive,
- concentrated on the fulfilment of its duty.

This quality is also reflected in the person who comes under its power. Such a person is content when serving the fulfilment of a task. He feels disappointed when this does not succeed.

For homoeopathic treatment it is important to recognize in this way that **Agaricus** is suitable for such a human being. For the person, it is of deep importance to be granted recognition in this way, to be part of the ongoing process.

One must be truthful with this person—then, for all involved, life’s meaning reveals itself.

- 3 -

Uplifted in the sense

that one’s own quiet voice

resounds within the choir of beings,

so that the Whole may find its healing.

Unceasingly, ever intent,

that the work be accomplished—

and fulfilled, as foreordained

through the higher unfolding—

that very goal of the soul’s realm

which ever reveals itself in life.

C4 Agaricus muscarius

- 4 -

The Essential Being of Agaricus?

I, Agaricus, belong to the realm of the fungi. We fungi embody, for the fulfilment of Creation, an indispensable and deeply meaningful quality:

We make earthly life possible in such a way that it may become a true home for the soul!

This is who we are.

This is our service.

When you human beings recognize our task, you may live your own life's purpose in full trust. Through us fungi, the Earth speaks to you. Already *Candida albicans* has borne witness to this.

Note: compare with the script on Candida albicans

- 5 -

We fungi have prepared the Earth so that plants could flourish. Through this, animals—and you human beings—came to exist.

As a homoeopathic remedy, I hold the same value. I prepare for you an earthly world in which you can truly live.

I help those human beings who have fallen out of their social bonds, such as:

- **the unemployed,**
- **the homeless,**
- **those ill through material consumption, or**
- **those cut off from social exchange (this also applies to the very wealthy).**

I lead them back into community.

On the level of the soul, human beings require my help. For the soul has become isolated and lost its sense of belonging. **This is the essential point!**

Note: In the sense of C-potency homoeopathy, this means that a substance triturated up to C4 is decisive for successful therapy.

- 6 -

The fungus exists under the most varied conditions of life.

Note: Fungi live on the earth and in the water. Their spores can survive in the air.

The gods look with benevolence upon the fungus.

AI annotation:

Fossil finds and genetic analyses suggest that fungi (or their precursors) already existed before land plants—probably more than one billion years ago. Plants appeared later, and their conquest of the land was most likely made possible by symbioses with fungi (mycorrhiza). Fungi assisted them in absorbing nutrients from rock and soil.

The early fungi already made use of existing organic material (such as dead bacteria and algae) and contributed to the weathering of rock by excreting organic acids that released minerals. This in turn helped plants later on to find nutrients in the soil.

C5

- 1 -

Out of the world of thought. It takes such deep hold of us as human beings.

But this is about being.

Humanity is.

When humanity lives from this certainty, it gains access to itself. And that is what it's all about!

You, individual human being, you are humanity at the same time.

You, humanity, you find expression in the individual.

Let humanity and the individual find access to one another.

Experience yourselves as both!

This is what I, Agaricus, can teach you.

It is a strangely unfamiliar state in which I, the prover, find myself—or rather, which I perceive. Closed doors can be opened.

Image:

I am not locked inside the house, but I can open many windows and doors. My space exists both outside and inside the house. My space is as much inside the house as it is outside. The outside is also the inside.

Note: In this image, the house is to be understood as the bounded individual. But the soul does not live in isolated individuality. The earthly human being is connected.

Note: For us as humans, it is difficult to perceive a reality we have not experienced. When I experience myself as an individual, any state beyond individuality remains unknown. Here, as a bridge to gain access, we rely on ideas or thoughts. But these can never replace personal experience—and often lead us astray. Agaricus emphasizes that the human being should seek direct connection to being— not through imagination but as a connected being.

- 2 -

There are collective emotions. The individual perceives them— but cannot distinguish them from their own personal feelings.

There are collective:

- Fear
- Hopes
- Anger
- Shame
- Joy
- ...

Like a great body, the realm of the collective surrounds each human being. It manifests in various forms (*such as family, tribe, ethnicity, nation, religion, and more*). All of these collectives—these "collective beings"—influence our emotional world. We are deeply connected to them. The similarity of emotions, and their shared origin, allow the individual to feel belonging. The individual human being works—often unconsciously—for the integrity of these "collective bodies."

Agaricus, especially when potentised through a C5 trituration, can support the individual in living their belonging in harmony. It allows aggression and anger to subside— emotions that often arise from disturbances within the collective, or from a disconnection from it.

Reflections on the Collective Dimension of Being Human

Belonging to “collective bodies” has become an incomprehensible—and therefore contentious—topic for us in Western culture. In other times, and in many cultures today, there is still a natural and unquestioned access to collective being.

In the “West”, we tend to deny or downplay the significance of nation, ethnicity, family, or religion—and we often interpret conflicts between such groups as merely conflicts between individuals. Likewise, we struggle to understand the powerful impulse for group belonging, as well as the longing for ways of life that, to our modern sensibilities, seem to belong to the past. This kind of belonging seems irrational to us—which may indeed be true on some levels—but in doing so, we often overlook the deeply emotional basis of these connections.

Western culture is currently undergoing a rapid and reality-shaping process of individualization. We experience ourselves as individuals. This is the lens through which we are conscious of ourselves. The autonomous individual has become the central model through which we conceive of human reality. As a result, the realm of the collective belongs, for us, more to the unconscious than to conscious awareness.

*The essence of Agaricus, however, reminds us that being embedded in a collective remains a reality—regardless of whether or how we are aware of it. **Disturbances in the “collective body”**, or in our relationship to it, can be addressed and healed through the homeopathic remedy Agaricus. I believe that such disturbances—**especially those concerning the collective body—require a remedy prepared through C5 trituration.** This level reveals new dimensions, reflecting what C4 homeopathy offers: a direct engagement with the soul level (C4) and, in the case of C5, with the collective level—both in case-taking, in treatment, and in the action of the remedy itself.*

As humanity moves further along the path of individualization, the relationship between individual and collective transforms. The influence of the individual becomes stronger— and with that comes a corresponding responsibility. Because each of us still lives to a significant degree within the collective.

It is no longer the “gods” who determine the course of our lives, but increasingly, we ourselves. And yet—even as our influence grows—the collective still exists. Agaricus draws our attention to this and helps us restore harmony in this essential realm of life.

The significance of this truth, as revealed through the experience of the fungus, is greater than we might assume when we judge it merely from the standpoint of our individual perspective. The importance of the collective, and its impact on us, runs deep into the social life of both individuals and groups. Even though we encounter this daily, we often deny the possibility that a “collective body” could underlie it. The idea that the individual may have emerged from such a higher-order unity—that the group might stand at the beginning of development—feels foreign to our mindset. Our perspective is more commonly that individuals come together to form a collective, and that it is through the individual that the whole arises.

It is also speculative to ask whether such a “collective body” might have its own feelings or thoughts. Some aspects of the trituration process seem to suggest this. In my view, this is to be understood as follows: What we recognize as individual feelings and thoughts may in fact be the expressions of a shared, higher-quality experience. That is, the source of our personal emotions and thoughts may lie in a common, overarching realm that manifests in individual form.

We should also always remember that a lack of belonging means a lack of love for us as human beings.

- 3 -

Humanity, too, is part of a world of the spirit. In this sense, the human being possesses the gift of beholding events. He forms inner images of reality.

Yet for the most part, the individual believes these are his own thoughts. But in truth: he gains access to the world of ideas, thoughts, concepts, language...

It is through language that the individual recognizes that it must be discovered. He must find a way into it. Only then does it become his own language. But he has not created it.

Language is never experienced in early childhood through the intellect. The intellect may support him later in mastering it — but his first experience of language arises through connection.

This applies to much else in the realm of thoughts, concepts, and ideas. That is not easy to comprehend.

The fungus force — especially in the C5 trituration — supports the human being in gaining access to the world of ideas and thoughts, to concepts and to language. It assists the individual in bringing forth, fruitfully and creatively, what has been given there, so that it may be expressed through him.

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When the soul unites with an earthly body, it also begins to experience the striving of Earth and Spirit toward one another. It perceives this polarity. It becomes aware of the two poles.

Within the earthly body, a living process unfolds — and the soul participates in it. As the soul begins to “awaken” within this process, it may encounter feelings of:

- pain,
- loneliness,
- separation,
- hopelessness,
- fear,
- ... and more.

Here, homœopathic Agaricus, prepared through the C5 trituration, offers support. It helps the soul to recognise a certainty of its origin and belonging — its true home. It prevents the soul from identifying with only one pole, and thus falling into one-sided development.

This tendency toward one-sidedness is expressed in Anthroposophy through the beings Ahriman and Lucifer.

C5 Agaricus muscarius

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The fifth phase within the fifth stage is the decisive threshold.

At first, there is emptiness.

Man is never held alone,
nor does he know how deep he's sown
into the whole, into pure Being—
his solitude is just a seeming.

And still: he must endure and try,
must seek his goal, reach for the sky,
must think, with all his strength and might,
that he alone brings thought to light—
his will, his feelings, all his sense—
to stand, unmoved, in time's immense
and storming force. To live this vow:
to hold, to be, to serve the Now.

But with the strength of wiser powers,
of fungus — blessings sent as showers —
we learn: we have a rightful place
in all that moves through time and space.

You're never torn from what sustains
the world, in silence, through all pains.

The innermost — that too are we,
though man knows not, nor seems to see.
Yet truth resides within this sphere:
the human lives — a circle here.

C5 Agaricus muscarius

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I, Agaricus, am.

I, Agaricus, am an expression of reality — of creation, from which life springs.

I am close to you as human beings. I am related to you, turned toward you.

In my unique nature, I stand for the ground upon which your existence rests.

We belong together. Therefore: listen to me. Accept the help I offer.

Acknowledge me.

Recognise yourselves in me — and me within you.

Through me, you may entrust yourselves to the forces of life — without losing yourselves, — without giving yourselves up. This is why homeopathic Agaricus, in the C5 trituration, holds significance even for those living with cancer. Though, in certain cases, other fungi may be even more appropriate.

Return to the essential — to what lies at the heart of creation. Affirm your Being.

Note: Agaricus may support the soul in connecting with higher ordering forces, rather than following formative powers that pull it out of alignment — those that lead to overgrowth, to that which disrupts integrity and brings about destruction. See also the Cinis ligni trituration text.

If you could hear the fungi at work, it would be a steady, deep resonance emanating from the earth – from matter itself. They dwell within substance. They weave themselves through it with a delicate, intricate network. Unceasingly, they engage in their task – diligent, tireless, ever at work...

Could you but see them, you would marvel at their doing. How industrious they are! Just like in the fairy tale of Rumpelstiltskin:

*The little man took the necklace, sat down at the spinning wheel,
and whirr, whirr, whirr – three turns, and the spool was full.
Then he placed another one on – and whirr, whirr, whirr – again, three times,
and the second was full too.*

And so it went on until morning: All the straw was spun, and every spool gleamed with gold.

The spinning wheel of metabolism turns. **Matter is transformed.** What is this activity that brings about such a change?

What do the activity and nature of the fungus mean for the relationships within the earthly realm?

I, the fungus, am the one who transforms matter. I hold a relationship to the starting substance and to the end product. Just as in the tale of Rumpelstiltskin: There, straw is turned into gold.

You humans believe that gold is more valuable than straw. You think I create higher values. And from your perspective, that is true. **I am a being of the earth, who transforms what is without worth in one realm into something of value in another.**

But for me, it is just as much about the relationship to both realms and both substances – to the beginning and the end. **My very nature is relationship. This is what I bring into the world.**

For you, relationship is marked by the quality of feeling.

A note: It is meant that feelings give you, as humans, insight into the nature of a relationship. You are angry at ..., grateful for ... shocked by ..., sad about ... In this way, emotions evaluate and shape your connections – to the world around you, and within yourselves. You guide your behavior through them.

Sometimes, you don't even know what a feeling refers to, or you misplace its origin. Then, it helps to bring clarity.)

Thus, my nature is to bring your feelings into harmony – into a fertile exchange with your surroundings. This is my gift to you, on the level of emotion.

Feelings speak to you humans of relationships.

Thoughts speak of exchange.

A functioning network is essential for a fruitful exchange. In such a network, harmony prevails.

Ask me, the fungus, and I will assist you in maintaining a harmonious and fruitful network of exchange in the world of thoughts.

Consider the structure of the brain. A marvel of creation, its intricate connections form a mirror of the world. This is incredibly creative. My nature serves to make this possible for you as well. I am a Fungus, and I thread my way through matter, just as the networks in your brain connect and form. Through me, many things can be touched, experienced, and observed. This is what your thinking requires.

And the soul?

The soul lives in humans in a state of separation and yet also of unity. In a state of pain and love, of lack and abundance... From this experience of opposites, it becomes aware of its own experience. Were it to remain in one of these states – separate or united – it could not know itself.

You may wonder, what has the fungus to do with this? I belong to the earth, to matter. This is my home. I grant matter the strength to strive for unity with spirit. This is the gold – spoken of in the tale of Rumpelstiltskin – that I create. A miracle, for which the alchemists longed.

Note: The statement that the fungus grants us strength can be understood fundamentally in material terms. The fungus keeps earthly processes alive. It creates nutrients for plants, aids in the digestion of food in the gut, and so on. Without this process, the cycle of life could not exist. Only through this is it possible for trees to reach toward the sky (light), or for humans to unfold spiritually.

Thus, the soul experiences through my action a world where the striving of heaven and earth toward each other is a principle of earthly existence.

The soul is supported by me, the fungus power, in its fundamental process of orientation between two poles, which creates consciousness (experience).

At times, I, the fungus, come to rest. I pause and try to sense: Am I still part of the great shared work we carry forth upon the Earth? What does this mean?

There exists a higher order. It is to this that I attune myself. From it, I must receive the impulse to act. You humans do not easily understand this— and yet, you act in the very same way.

You are bound to the evolution of humankind. To fulfill this duty— I am here to assist you.

Note: These words may seem difficult to grasp. When environmental conditions—cold, drought, lack of nourishment— force the fungus to withdraw, its active role in sustaining life must be paused. Yet even then, it remains in readiness— as spores, as hidden potential— awaiting the right moment to reawaken. In the same way, a human being needs to remain embedded within the fabric of humanity. If one withdraws— for whatever reason— one ceases to contribute to the evolution of the whole. The fungus force supports your reintegration into community, into the living network of human becoming.)

Mighty is my doing,
silent in its flow.
On Earth there is no resting—
only coming, only go.

So, human, look around you:
What do you see at play?
The world is ever turning,
shifting, day by day.

Remain within exchange,
to act with boundless grace—
to draw into your being
the gifts from every place,
from realms that ever circle Earth,
to kindle seeds of future birth.

Do not delay the transformation—
let light guide all your true creation.