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TRITURATION PROTOCOL
AND
REMEDY PICTURE

STRAMONTIUM



In the protocols of remedy triturations, suggestions for the administration of the medicine may also be included. It must be emphasized that the prescription of a homeopathic remedy should always be made in consideration of the individual situation. The indications given in this script therefore represent merely one possible approach to be examined. The actual choice should be undertaken with the utmost care, in accordance with the circumstances at hand.

Legend:

Bold: Emphasis, highlighting

Italics: Comments written after the trituration.

Stramonium C1

- 1 -

Fixed, reliable structures dissolve. They no longer hold. This happens within my — Stramonium — power. **What once was valid loses its validity. Out of this arise paralysis, or frenzy, or indifference, or agitation ...** Certainty fades, **orientation is lost**, because the foundation for it has been destroyed. The body no longer follows.

It is about releasing from the familiar support. *(On the physical level, the nervous system — brain, spinal cord, peripheral nerves — is disturbed.)*

I notice that I have difficulty understanding. I do not quite know what is happening; I cannot properly grasp or classify the experience.

Homeopathic Stramonium speaks **to states of confusion** — whether they manifest **as agitation or as apathy**.

- 2 -

There is an urge to break down, a striving to destroy. Fixed structures are not meant to remain. For the body, this is frightening and dangerous.

Stramonium demands surrender. Only then can its force be endured.

Stramonium becomes a great companion in accepting **change, transformation, and development**. Everything that has been held onto “too long” may fall away.

It is a powerful remedy for inner evolution. Outworn emotions lose their grip on the human being, bringing a profound sense of relief.

The Stramonium process may bring restlessness and the longing for it to end. The state seeks completion —*even to the point of yearning for death*.

The person senses that transformation is required. This overwhelms them. Avoiding the impulse to transform gives rise to uncomfortable states —agitation, paralysis, or inner disarray.

- 3 -

It may be exceedingly arduous to overcome what is old, outlived, superfluous, tightly held, and obstructive. And yet, it has fulfilled its purpose.

Homeopathic Stramonium helps to find a resolution that already presses from within the human being, yet is anchored by rigid structures—physical, emotional, and mental.

A person carries within themselves all that has shaped them and made them into who they currently believe themselves to be. It defines them—according to their understanding. **It may seem as though they would die if they allowed the existing to dissolve.** And still: the time has come.

A dreadful contradiction lives within the human being, one **that makes death seem near**. There is a longing for fulfillment, for carrying out the transformation. **And there is a fear of being destroyed.**

During this trituration, I am restless—confused by uncertainty.

- 4 -

So much should—must—be accomplished. This very notion robs the human being of serenity. The certainty that things might actually work out is missing. Can the soul offer assurance? Can it answer the questions?

- What do you seek in this earthly life?
- Are you fulfilling your task?
- What is the greatest contribution that you—and only you—can offer?
-

I find it difficult to come to rest. Are disturbances from the outside responsible? Only because I perceive them as disturbances?

Soul: “Allow yourself to enter into this! Allow yourself to enter into Stramonium! In the eye of the storm there reigns serenity, harmony, calm, and safety. From there, behold what is happening: the vortices, the whirlings. **In the end, the possibility arises to build something new.** This possibility, the Stramonium-force helps to bring forth—and I, the soul, require it in order to reveal myself in the world.”

- 5 -

Thus the process moves forward. A little security and hope begin to return.

There also exists within the human being a wish for destruction. This desire may be fueled by powerful forces. Social structures fall victim to it. The individual human is merely a plaything within this unfolding. **Filled with confusion, irritation, aggression, resignation, accusation ... the human being resists the great transformation that presses upon him.**

Stramonium is a plant belonging to this force of destruction.

Homeopathic *Stramonium* assists in times of upheaval—in our present age. For this purpose, it should originate from the C5 trituration.

One aspect of transformation is the feeling of being at the mercy of forces beyond oneself. Here, too, homeopathic Stramonium supports the human being, enabling them to accept the change. They can approach it. Yet the process of transformation never succeeds completely. Remnants of the old remain. With time, they become memory.

A certain serenity returns. I feel as though I have passed through **whirlwinds of insecurity** and have now reached a point of initial clarity.

The haste was unnecessary.

Homeopathic *Stramonium* helps to open and build a space for harmony. For this, destruction must occur and be overcome. Live with the certainty that after the storm, calm always follows. **Look upon death, the great transformer, and trust that after death something new unfolds.** The more you succeed in leaving the old behind, in shedding what has outlived itself, the more joyful and fulfilling the process of dying becomes.

Stramonium represents the experience of moving through death while still in life. A wondrous preparation here on earth.

Thank you, Stramonium!

Stramonium C2

– 1 –

There is still a certain degree of hecticness present. I should devote myself with focus to Stramonium.

Before my inner eye I see the beautiful Stramonium plant, with its **spiny fruits** and its **inviting blossom**.

Stramonium raises the question of where one's own path is leading.

Why does the human being hold himself back from walking his path?

Why does the human being cling to the old?

Is there still something that needs to be understood?

Is the human being not yet ripe for the next step?

The human being is attached to the past. He cannot leave it behind. Unpleasant feelings arise.

Stramonium: "Even if what has passed has not been fully worked through or understood, I, Stramonium, call upon you, human being, to take further steps. **Only in this way will you gain a new perspective.** Through additional experiences you acquire the ability to look at the past in a different way. **Through this, you evolve.**"

During the trituration, I find the scraping particularly difficult. **With Stramonium, it is about bringing a theme to completion.**

– 2 –

Nightmares! The old, **the burden, the traumatic** returns at night like a heavy load. It brings about

- **fear,**
- **restlessness,**
- **despair,**
- **hopelessness,**
- **depression.**

A deep **longing for light and brightness** fills the human being.

The traumatic belongs to the realm of the unconscious; it belongs to darkness, to the night, and to the dream.

Stramonium: "It is about the human being finding the light within himself. Then the departure, the breaking forth, succeeds."

Soul: "So much still wishes to come into the light." (*To become conscious through experience.*)

Feeling: "I am afraid. I lack courage. From where shall I draw confidence?"

Intellect: "Try it, Feeling."

Stramonium: "Look at my form. Black grains form my seed. I protect it within a capsule armed with strong spines until the moment when the capsule bursts. Then the wind carries my black seeds out into the world. Something new begins. Many new, wondrous plants can now grow."

– 3 –

The trituration proceeds swiftly. The hecticness has subsided. Tell me more, Stramonium.

Stramonium: “In order to ripen, the seed must rest for its time within the spine-armed capsule. I know when the time has come to open the capsule. In the same way, my power helps the human being.

What is ripe to be scattered into the world so that something new may blossom in life, I support in leaving darkness and confinement.

Feel the confidence. For sheltered in darkness, what has been experienced in the past ripens. The more upheaving it was, the more “toxic” the seed. Do you understand this, human being?

The traumatic experience is precious. It guarantees that something truly new comes into the world. What do you think of this, Soul?”

Soul: “So much rests within me that wishes to show itself in life. Creation desires this.”

Intellect: “Only through deep experience does consciousness enter the world. Only in this way does the human being awaken.”

Feeling: “But the fear remains.”

Stramonium: “The fear passes, Feeling, as soon as the capsule opens. This is what my power serves. The nightmare is over!”

– 4 –

A feeling of liberation spreads within me. Through Stramonium, the soul feels supported in fulfilling its task. The purpose of creation can be fulfilled.

The human being breathes a sigh of relief. He gains freedom. The heavy feelings fall away from him. Joy!

Soul: “Stramonium, how wonderful that you help to fulfill the plan of creation. Some experiences are too heavy for a human being to bear alone. They numb him, paralyze him ...

Then you step in and awaken his **power to free himself from the oppressive burden**. Frenzy or rage may arise. Destruction or hallucinations may appear. **As a homeopathic force, Stramonium is a gentle liberation.**”

Homeopathic Stramonium helps the human being who is in a process and ripe to leave the burden behind. Symptoms may include frenzy, rage, or hallucinations. By his own strength he cannot manage it. And an overwhelming fear lies upon him.

– 5 –

Higher Self: “You humans live in a time in which your consciousness is centered upon yourselves. You do not sense **the collective bodies that encompass you**—the groups, families, communities, peoples ... that surround you, to which you belong, and which constitute who you are. These collective bodies, too, carry trauma. Here as well, Stramonium can help in the process of integration and healing.

Wars, epidemics, famines, foreign rule, dictatorships, and so forth are likewise experiences of the collective body. The liberation of the individual from these is always also a liberation of the community.

Therefore: look to the community, to your roots and ancestors. Do not evade this through mental constructions of reality born of fear and a lack of awareness. **The collective process is your destiny.** Support one another in living it, in opening yourselves to it, and in continuing your development.”

These words of the Higher Self point me toward being German. For me, this concerns the traumas of the Germans (world wars, dictatorship, crimes against humanity ...). We Germans must face this. It is our history; they are our roots. We must also acknowledge the pain in all those who belong to this community.

In Germany, two fundamental positions can be observed in dealing with the unresolved traumas of the past:

- One pole manifests as a devaluation of one’s own belonging to being German. The roots are cut off; they are said not to be one’s own, but those of others.
- The other pole denies the traumatic events of the past. They are relativized or disputed.

Both positions arise from an unconscious impulse. As such, they are scarcely accessible to genuine engagement.

Other communities relate the words of the Higher Self to their own community of destiny.

– 6 –

The human being perceives itself as autonomous,
yet lives—unconsciously, well concealed—
what stirs the force of will within,
to turn away from certain tones
that for centuries now
have shaped the timbre of experience.
They give rise to manifold strivings
to deny what once occurred,
what was terrible
in the depths of the past.

Stramonium is a remedy for the experience of trauma—for the fear, anger, or resignation that arises from it. This applies in particular to collective experience as well. On the human path of development toward individuality, the sense of belonging to communities grows weaker. In general, the individual endures, while peoples pass away. But it is necessary to come to terms with the burdens of the past that were experienced collectively and through ancestry.

Stramonium C3

– 1 –

To approach the being of Stramonium attentively and with discernment. What do you have to say to humankind, Stramonium?

Stramonium: “Listen to my sound, which resonates within you. We beings of the Earth are continuously at work upon you, human beings. In manifold ways you stand under our influence. You also develop yourselves about this.

When prepared homeopathically—when our forces are liberated—you experience us in a particularly healing way.

I, Stramonium, reveal my being in my outer form. Through your senses you are able to perceive this. As a spiritual being, I accompany you. Yet of this you are, for the most part, not consciously aware.”

– 2 –

I feel focused and awake. My thoughts are clear. I should ask Stramonium questions. But I do not know what is truly important to know. Tell me about yourself, Stramonium.

Stramonium: “When you approach me, you come under my strong influence. Be conscious of this. Seek me when your intellect is clear.”

I see before my inner eye the beautiful plant and the strong spines on its capsules. One gets caught on them.

“If your mind is clouded, then **in the encounter with me you pass through the depths of your traumas**. Suddenly they stand before you, make **you tremble and fall into fear**—yes, into **panic**. Yet this is always about what **clings to you as a burden**. Recognize my spines. They cause you to become entangled with me. That is how I am. **You get caught!**”

Stramonium C3

– 3 –

With senses open, intellect made clear,
you come to see, to hold it near,
what it may mean to turn and face
the trauma of a former place.

Now loosening the weight you bear,
in peace, unhurried, free of care,
you take the next step on your way
and no longer stand aside or stay,
for what once felt too dark, too strong—
the forces life has fused along—
now gathers might,
and shapes the new from night.

It is death you then behold,
as being's gate is closed and cold,
and what you thought was surely yours
is shattered, gone to distant shores.

Yet do not falter—trust what's true:
what now unfolds reveals to you
yourself as part of all that lives,
and shows the bond existence gives.

It is yourself, your essence whole—
let this be guidance for your soul.

– 4 –

I have come to understand that Stramonium helps us look with clarity at the burdens of life we carry within us—burdens that prevent us from continuing on our life path.

Soul: "I feel drawn to Stramonium."

Feeling: "I fear the abysses."

Intellect: "You help me understand what life is asking of me."

Higher Soul: Pause for a moment—Feeling, Intellect, Soul, and you as well, Stramonium. You are a seductive force; therefore, keep some distance.

As a homeopathic remedy, you lead toward the light. As an earthly force, you can lead into darkness.

Homeopathic Stramonium should be prescribed and taken with mindfulness, discernment, and also with caution.

Stramonium can **confuse and whirl** the human mind, feelings, and body. When this happens, **a center is lacking**. In the same way, Stramonium can throw communities into turmoil. This gives rise to a **profound groundlessness**: a shared point of **reference among people is missing**.

Individual and collective phenomena overlap. Collective bodies / beings / souls are difficult for human beings to comprehend, yet their effects are experienced. A person belongs to a family, a people, and so on.

The emergence and origin of collective bodies / souls / beings are usually not consciously perceived by humans. They surround the individual as something entirely self-evident. They arise from material and immaterial conditions alike.

Stramonium, too, belongs to these conditions. And like Stramonium, everything that exists acts as it is. What forms in this way can be called **homeland**. **The homeland itself may also be in need of healing, for it can be weighed down by heavy burdens**.

Here again, Stramonium can help: as a homeopathic remedy prepared through C5 trituration, it can assist the homeland in freeing itself from its burdens.

This is a difficult text. It describes essential aspects that are interconnected.

First: Collective bodies exist to which the human being belongs. They arise from the given conditions. These conditions include everything present at a place and in a time: light, water, air, earth, plants, animals, humans, and much more. They also include spiritual conditions such as experience, events, occurrences, feelings, and thoughts.

Within this context, only an outline can be given of what is meant in the text by homeland. Yet, of course, homeland also means family, people, language, and landscape. It shapes the qualities of those who live within it.

Second: The collective body—the homeland—can be ill, or can carry heavy burdens.

Third: Through homeopathic remedies, the human being can have a healing influence on collective bodies. In doing so, the individual person is helped who lives under their influence.

– 6 –

Seemingly healed, escaped from pain,
the human being suppresses what binds him still.

Yet into fate it has congealed,
the way he stands within his life's own will.

He does not wish to complain,
but rather to endure the strain.
For what would despair bring as gain?

He never wants to look back there,
nor can he place his trust in what was borne.

To raise to learning all that's lived
is what his human being gives.
Thus is he reassured in what he is,
though small his place, though slight his existence is.

When he looks back, it feels like threat,
a deeply felt coarsening, unmet—
no calling reality in sight,
but one that curses, darkens light.

Yet hear me now, O human being, hear:
Despite the crimes so dreadful, stark, severe,
there is a shining, living light—
it dwells in life, deny it not—
when it touches the soul down to its core,
then follow it, and choose that path once more.

Thoughts

During trituration, Stramonium expressed itself in its own way and reveals its particular qualities. It is about the **connectedness** of the human being with the “given conditions” of existence. **It concerns themes to which a person is bound by fate.** The plant symbolizes this through its thorns, on which whoever comes too close becomes caught. Powerful forces are at work in the world; this too is shown by the poison of Datura. They co-create what constitutes the human being and human life. In such a view, the boundary between inner and outer world becomes blurred.

This connectedness takes on special significance for the individual when it involves (insoluble) **burdens or traumas** (individual and collective) that one carries within. Not only do these give rise to **fear, panic, restlessness, confusion, aggression, resignation, sadness, depression, despair, hopelessness, nightmares, or spasms**, but **human development itself is also impeded or prevented.** Within the person, an attitude may arise of being engaged in a confrontation with an obstacle that seems insurmountable. The only way to continue living appears to lie in **ignoring and repressing** what is threatening. Coping with it by one's own capacities seems impossible. In such a situation, **a process of release from the burden** is necessary if life is to continue fruitfully.

The bond to the burden eludes conscious understanding. When confronted with this unconscious realm lying in **darkness, defensive reactions such as anger, frenzy, rage, hallucinations, paralysis, apathy, or convulsions may occur.** Stramonium is then perceived as a **destructive force** that makes **death and the process of dying** experientially tangible. Burdens—forces with which we are connected—can be part of our identity. The human being fears losing the ground beneath their feet, for liberation also means gaining, in part, a new conception of oneself. **For this, the old must die.**

Stramonium grants us a wide perspective on **our belonging to collectives and to natural interrelationships beyond individuality.** For the human being, this belongs quite self-evidently to existence—it is home—yet there is usually no conscious perception of it, because there is no possibility of adopting an external standpoint. **The human being belongs to it (to the whole).** Thus Stramonium teaches us essential truths about ourselves and sharpens our awareness of what we are within the interplay of forces.

In death, the human being loosens from all earthly bonds. Stramonium is the little death. Death is also liberation—this is likewise testified to by a longing for light. It may be a difficult process when dying becomes an encounter with burdens that could not be resolved in life. Yet death brings an end to human entanglements. Should the soul incarnate again, a new beginning is possible. Even if this means living out unresolved themes from a previous earthly existence, the potential still exists to find paths of resolution that were not available before. Stramonium is thus a remedy that opens such perspectives. However, it should be noted that this homeopathic medicine requires a careful, attentive, and patient approach.

These thoughts were written after the C3 trituration. What the further trituration process may bring is not yet known.

Stramonium C4

After the C3 trituration, I was preoccupied with intense memories of old traumatic experiences. Feelings of anger, resignation, and withdrawal emerged. I tried to distance myself. Perhaps the C4 trituration will help with further coping.

Stramonium C4

– 1 –

Restlessness, impatience. Life appears to me arduous and hopeless. There are too many obstacles—especially within myself.

Existence is a struggle with obstacles. The idea of overcoming or mastering them seems illusory to me. The **structures are so rigid. Hopelessness. I am going in circles.** How do I get out of this? Stramonium!

Higher Self: “The soul possesses different dimensions. One dimension, which you are currently reporting from, passes away with death. Stramonium can facilitate a similar process *(like dying)*.”
Me: “That sounds too beautiful and awakens my mistrust.”

– 2 –

Stramonium: “Set aside the limiting thoughts. Experience what there is to discover. Dive in deeply! **My poison kills illusions.** If you cling to them, it kills you with them. For this world is Maya.”

Letting oneself engage — no quick answers — sensing!

I feel a delicate joy. The beauty of the world.
Approaching Datura and perceiving and receiving its beauty.
No explanations — originally — true.

The intellect wants to be talkative. Thousands of thoughts, valuations, explanations, judgments
... **chattiness.**

Letting go — letting injuries go.

Feelings and thoughts defend the existing identity, which has also been shaped by wounds and traumas. I am this wounded person! The healed person is a stranger to me. To become them means that the old self must die (analogous to the poison Stramonium, which destroys not only the illusions but also the person who identifies with them), so that a new one can emerge.

– 3 –

Letting go of understanding.

Being — emptiness — light — silence — healing.

Life moves steadily onward in its own rhythm.

Reliability — trust — held and supported.

Stramonium C4

– 4 –

Serenity.
Life reaches its aim.

Reconciliation with death, with failure, with pain, with destruction.
This belongs to me (C4, 4th phase).
The soul possesses multiple dimensions.

C4 has the soul level as its focal point. It touches on the meaning of life. In the fourth phase of the C4 trituration, this level is particularly emphasized. The statements made during the trituration say: On this soul level, reconciliation takes place. The polarity of good and bad is dissolved. When a person is connected to their indestructible essential core, they are released from pain and suffering. Within the polarity of good and evil, peace and reconciliation may not be possible. But on the dimension of the indestructible soul, harmony and concord prevail. Stramonium from the C4 trituration helps a person establish a connection to their essential core and experience it as reality.

There exists an indestructible soul
that knows no pain, no failure, no death.

Stramonium: “This is what I point to!”

Deep experience.
Deep joy.

Stramonium: “Here lies the healing.”

– 5 –

listening — opening oneself — letting happen — accepting

no explanations

Creating a new foundation as a human being and as humanity.

Peace of soul — re-incarnating anew — trusting God.

Life succeeds.

Sensing the meaning — intuiting the purpose.

Stramonium: “Let go of all existing structures of thought, emotional patterns, and bodily distortions. New thoughts, fresh feelings, harmonious bodies may form anew. It is as if you had died.

On dying: Die in your imagination. **This is the Christ path. It frees one from old burdens and sins. A new beginning becomes possible.**”

This statement can be understood as an invitation to a mental exercise. A person can create within themselves the imagination of a dying process. In this process, they experience how outdated structures disintegrate and their radiant core essence becomes visible. This is what they must identify with.

Thoughts

Human beings—indeed, humanity as a whole—place ever more burdens upon themselves over time. Pain, injury, despair, paralysis ... become constant companions of humankind. Even death can no longer untangle this entanglement. Every birth is also a birth into participation in misery, wretchedness, sorrow, and suffering. People find no path to redemption, no matter how hard they may try. All of humanity hardens and grows rigid. Its capacity for renewal—that is, for carrying forward the life process as development—fades away. One injury gives rise to the next.

Stramonium speaks of a possibility of healing. This lies in human beings finding the connection to their immortal, inviolable soul, which opens a way out of polarization. Religion (1) can serve this purpose. The fundamental fact underlying all distress—the separation from the higher being (sin)—can be overcome in part.

Stramonium emphasizes that old structures in thought and feeling, as well as in the body, must be relinquished. In this way, entanglements come to an end. Worldviews must be re-formed. One prerequisite for this is that the higher dimensions of the soul world are an experiential reality for human beings and that they are able to identify with them.

Stramonium refers to Christ. The rigidification of humanity within polarity, with its ever more continuously transmitted suffering, is dissolved (redeemed), because a new beginning (a rebirth) takes place out of the “divine” being (in connection with it). The dissolution of separation is love. A new foundation is created for all of humanity. Stramonium can help to find such redemption.

The subject invites further reflection. One might assume that, in view of the beauty of the Divine, polarity within earthly existence holds no meaning or nothing but misery. It is often readily regarded as evil. Yet it is precisely this polarity that creates a profound experience of all aspects of life. A reality of exclusive peace, happiness, and harmony does not allow for this. In such a state, no opposing condition is possible. An individual cannot develop. Consciousness is not created. The experience of one’s own existence is absent, for the state is already perfect.

The Absolute and the Higher always exist. Human beings can connect with it. However, in the realm of the Absolute they create nothing new. What they experience within polarity, by contrast, is something uniquely new. This is what they bring into creation. This is what it means to be human.

The capacity for development must therefore not become stagnant. Human beings must continue to be able to discover the world. To make this possible, the path of Christ, supported by Stramonium, is of such significance. The experience of connection grants human beings a renewed vitality. Through Christ, rigid, self-reproducing suffering is overcome by accepting its experience and not perpetuating it.

(1) Religion derives from the Latin noun *religio*, which can be traced back to two Latin verbs: *religare* (“to bind back,” “to reconnect,” “to fasten”) and *relegere* (“to reread,” “to reflect,” “to pay heed”).

Stramonium C4

– 6 –

Open your heart.

Remember the meaning of earthly existence and connect with it.

Faith.

Return each day to your heart,
to your reality beyond body, feeling, and thought.

Stramonium: “In this way I speak to you, human being. **I help you let burdens, worldviews, mental certainties, and belief systems fall away, so that truth may emerge.** A bright light. See the beauty of my blossoms. I grow on the ground of devastation. Approach with mindfulness, trust, and without fear.”

I notice how rigid and fixed my thoughts are / were.

It is important for humanity that individuals resolve traumas that have their origins in the collective. It is about acceptance and forgiveness.

Human beings are born into a world that is difficult for them to understand. From their experiences, they form a reality. From the consequences of their actions, they learn to know themselves and the truth more and more deeply. This is especially true when they understand themselves as autonomous individuals.

Stramonium C5

– 1 –

Boundaries – Infinit

Delay

Meaning – Purpose

Understanding – Worldview

Humanity – Humaneness

Who is responsible for humaneness? The human being? Creation?

Is suffering human?

Is forgetting, forgiving, pardoning human?

Which dimensions of creation are human?

Is the awareness of the own identity human?

What does Stramonium have to do with all these questions?

It raises these questions!

Because it questions the human being!

Because it addresses the finiteness of the human being and his conceptions – even of himself!

This occurs because the power of Stramonium touches deep and extensive unconscious aspects of the human being, thereby effecting a profound change in the person.

The human being is born into a reality of survival. Dealing with wounds and trauma is part of his development. That is one aspect of humanity's evolution.

In the C5 trituration, themes of humanity unfold. Many questions revolve around the position of the human being in the world and his understanding of it.

– 2 –

A path that requires turning back inward, a remembrance of origin and purpose. Stramonium is an important helper on humanity's path.

Human beings do not want to suffer. How can they explain to themselves that they nevertheless do? Who or what is responsible for this? They themselves? But did they themselves create the world in which suffering is unavoidable?

So many questions, Stramonium. What is your perspective on this?

Can feeling ever accept suffering, and does creation demand the suffering of human beings?

Thoughts on the Questions of Stramonium

It is the human being who defines for himself what is good and what is evil. He encounters both in the world, and both are part of creation. This gives rise to the question: Is good and evil a property of creation, or a judgment made by human beings? It seems as though humans believe that the world ought to be good in their sense. Concretely, this means that there should be no hardship, no pain, no injury, and no suffering for human beings. Reality is viewed solely from the human perspective.

Human beings seek explanations and name causes and those responsible for evil. For example, Satan, the Devil, or the fallen angel are said to act—or to have acted—wrongly. The serpent is said to have seduced. These forces are to be fought. Such an understanding of creation elevates the human perspective to the sole standard. God, the Creator, is expected to be good in the human sense and to prevent suffering.

This is a high, absolute demand that human beings place on creation. It is virtually hubris to postulate that creation should conform to humanity, rather than humanity conforming to creation. It may be, however, that creation knows no judgment at all.

Stramonium raises the question of responsibility for humanity, which must likely be understood as a commitment to what is considered good by human standards. The statements associated with Stramonium can be understood to mean that it is the human being who must bring humanity into the world. At the same time, it is also the human being who brings suffering and hardship into life—if only because he perceives them.

– 3 –

Stramonium: “You have experienced my effect on the emotions. Now I turn to the intellect. This concerns suffering – even death – as well as doubt and helplessness.

Intellect, you who always wish to understand and demand explanations, even when they are entirely inadequate. Dear intellect, I value you and your efforts. Yet **surrender** is foreign to you. But this is about accepting what happens as it is. Faith serves this purpose better than the intellect. Surrender is part of the path of Christ.

I, Stramonium, can help human beings to accept burden and pain. I can help them to acknowledge these as belonging to the world, belonging to humankind, and as ultimately beneficial – beyond understanding, beyond the questions of meaning and reason.

In surrender you feel that what happens to you is right. Intellect, you may protest. But in time, you too will recognize that what I say is the truth.”

– 4 –

Soul: “I fully agree with what you, Stramonium, are saying. Coming to Earth as a human requires devotion.

You prepare the way for me and help humans turn toward life anew when they withdraw. Together with many other forces, you accompany humanity. You are a plant and an expression of creation.”

Stramonium: “Human beings can trust me. They can feel my help. I cannot explain the world to them — that is not my task, but theirs. Human, see me as an expression of creation. For what I am is likewise a part of you.”

– 5 –

Paths of humankind upon this earth,
what is it that gives you worth and course?

Is it the human will that steers,
to shape a life through hopes and fears?

Are they the stars that guide our way,
bestowing sense on our brief stay?

Are they the gods who draw us near,
who touch the heart so deep, so clear,
who grant us sorrow, need, and bliss
within this fragile earthly piece?

Is it Christ who brings to birth
what wakes within the human heart,
that knows the goal of life on earth,
the meaning of all dying, start?

That binds itself to love alone,
beyond all drives of flesh well known,
and points us toward forgiving grace,
to take our part in time’s embrace?

What miracle lies in this unfolding,
the mind can never fully hold it—
even when deeply felt and known,
as we reach for joy, still overthrown.

Stramonium:

“Look at me. Observe my outward form. See my beauty; be aware of my toxicity. For this is what earthly existence is like. It knows infinite beauty. It knows death, hardship, and suffering.

I unite these within myself. When you come closer to me, you experience both aspects. You experience, recognize, and become aware of yourselves. This is my contribution to creation.

Enjoy its uniqueness, greatness, and richness. Acknowledge that you have something to give in return for this experience.”

Note

Stramonium deals with the theme of a person being unable to find a way out of their wound. The pain, the hurt, the fear ... are “preserved” within them. Their feelings, thoughts, will, and actions are shaped by this. Stramonium is a force that can help a person free themselves from this old burden.

Forgiveness — of oneself and of others — ends the imprisonment in the suffering of the past. The person can reorient their life and continue to grow.

The Human Being in Creation

Stramonium emphasizes that change, development, passing away, and creation characterize creation. The human being is part of this.

On the other hand, the human being strives for integrity. They wish to preserve who they are. They understand themselves as an individual, endowed with their own will, their own feelings and thoughts. Human beings possess senses that enable them to comprehend the world and that they use in order to exist within it. Yet change always also means the destruction of what already exists. This runs counter to the human being, for it entails injury and pain. Creation, however, demands that the human being take part in this process of development.

Stramonium C6

– 1 –

Stramonium: “I tell you about myself and the plants. They support the Earth so that it can find expression.”

Me: “I am curious.”

Stramonium: “Hidden within you, you will find me. For your body also has me among its ancestors. You have progressed further. I have remained. When you encounter me, you will be reminded of a part of yourself that also constitutes who you are. This is an aspect of you that you need so that your path (the path of humanity) can continue.”

The human body has taken shape through the development of life on Earth. Stramonium points out that all earthly life is based on a common origin and that the Earth / earthly forces are expressed in every living being. From a purely material perspective, this corresponds to the established evolutionary theory of life. However, Stramonium’s statements contain an additional aspect: within the human being there are qualities similar to those found in plants, and also in Stramonium. The characteristic nature of a plant has a corresponding expression in the human being. This can be understood in such a way that the same forces are at work in the process of coming into being, and that their participation becomes visible in each individual living being. During the trituration, it was only possible for me to gain a rudimentary understanding of this.

– 2 –

Stramonium: “Human being, remember. I am an aspect of you. I can awaken this part within you, for the connection to it may be missing. Then you have fallen out of harmony. You are ill. Humanity as a whole, or individual collectives, can also be ill. My power may be lacking. Homeopathy helps to awaken the missing aspect. When this has happened, harmony prevails!”

Me: “I understand you, Stramonium. You can release, even destroy, old burdens. There are situations in which a human being needs you in your full strength, but cannot find access to you. Then you intervene as a plant—as the spirit of this plant. For you are committed to creation.”

– 3 –

Me: “Tell me more, Stramonium.”

Stramonium: “Because I belong to you, we can exchange with one another. If that were not so, there would be no connection between us. I recognize myself in you, and you recognize yourself in me. On your path as humanity, you have left me behind. Yet you should not forget me. One day, every force that shapes the human being will be consciously known to them.”

Me: “What is special about homeopathy is that it makes conscious within the human being what is missing for harmony and gives every force its place. Through this, every force is recognized.”

Stramonium C6

– 4 –

Me: “We humans often find it very hard to be willing to notice what is missing.”

Soul: “Dear human: Creation desires you. Every human being is of great value. That is why you exist! I want you to be fully alive!”

Me: “I sense it, I believe—I do not know.”

Soul: “Through you, knowledge comes into being.”

Stramonium: “For me too, this is a great treasure.”

– 5 –

Stramonium: “I stand at the roadside. I follow you humans and admonish you. Many a person is frightened by me.

Humans sense that they are carrying too heavy a burden of trauma. Slowly, you must transform. Have trust. A burden may grow lighter.”

– 6 –

What remains?

What is the purpose of all these experiences?

Stramonium: “Through you, human—because I belong to you—I come to know myself. Remember me, ask me for help, recognize me, trust me. We walk together.”

Thoughts

What I can present are fragments of an encounter with Stramonium. Especially in the C6, I offer small excerpts—more intimations than certainties. Yet they can be an inspiration—a point of access to Stramonium.